

Visit any of our store locations to discuss your plant selections with one of our lawn & garden experts!

Brookfield 14845 W Capitol Drive (262) 783-2323

Mequon

Kenosha

(262) 241-2121

Milwaukee 5400 S. 27th Street (414) 761-5400

West Bend 10850 N Port Washington 601 Wildwood Road (262) 338-5252

6300 Green Bay Road (262) 605-0280 (262) 253-1147

Germantown W184 N9676 Appleton

Wauwatosa 12217 Watertown Plank 3725 S. 108th Street (414) 763-6599

Appleton 4860 W Wisconsin Ave (920) 735-7777

Oconomowoc 1570 Unity Drive (262) 560-4191

Greenfield (414) 328-5600

Oshkosh 300 S. Koeller Street (920) 426-6300

Bellevue 2727 Eaton Road (920) 884-2255

Waukesha 2220 E Moreland Blvd (262) 797-7070

Green Bay 980 Waube Lane (920) 339-2200

Kimberly 710 Cobblestone Lane (920) 687-5013

Racine 6626 Washington Ave (262) 886-7900

Big Bend S71 W23445 National (262) 662-5800



Health Kick Tomato Solanum lycopersicum 'Health Kick'

Height: 4 feet

Spread: 24 inches

Spacing: 24 inches

Sunlight: O

Hardiness Zone: (annual)

Group/Class: Plum-Determinate

Description:

A well loved variety that is compact enough for patio containers and small gardens; produces bright red, oval fruit that are high in antioxidants; sweet with meaty insides, ideal for canning, sauces, puree and paste; disease resistant

Edible Qualities

Health Kick Tomato is an annual vegetable plant that is typically grown for its edible gualities, although it does have ornamental merits as well. It produces red oval tomatoes (which are technically 'berries') with red flesh which are usually ready for picking from early summer to early fall. This is a determinate variety, which means it bears a full crop all at once. The tomatoes have a delicious taste and a firm texture.

The tomatoes are most often used in the following ways:

- Fresh Eating
- Eating When Cooked/Prepared
- Cooking
- Juice-Making
- Canning



Health Kick Tomato fruit Photo courtesy of NetPS Plant Finder



Visit any of our store locations to discuss your plant selections with one of our lawn & garden experts!

Brookfield	Milwaukee	Wauwatosa	Greenfield	Waukesha	Racine
14845 W Capitol Drive	5400 S. 27th Street	12217 Watertown Plank	3725 S. 108th Street	2220 E Moreland Blvd	6626 Washington Ave
(262) 783-2323	(414) 761-5400	(414) 763-6599	(414) 328-5600	(262) 797-7070	(262) 886-7900
Mequon	West Bend	Appleton	Oshkosh	Green Bay	Big Bend
10850 N Port Washington	601 Wildwood Road	4860 W Wisconsin Ave	300 S. Koeller Street	980 Waube Lane	S71 W23445 National
(262) 241-2121	(262) 338-5252	(920) 735-7777	(920) 426-6300	(920) 339-2200	(262) 662-5800
Kenosha 6300 Green Bay Road (262) 605-0280 Planting a	Germantown W184 N9676 Appleton (262) 253-1147 & Growing	Oconomowoc 1570 Unity Drive (262) 560-4191	Bellevue 2727 Eaton Road (920) 884-2255	Kimberly 710 Cobblestone Lane (920) 687-5013	

Health Kick Tomato will grow to be about 4 feet tall at maturity, with a spread of 24 inches. When planted in rows, individual plants should be spaced approximately 24 inches apart. Because of its vigorous growth habit, it may require staking or supplemental support. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant can be integrated into a landscape or flower garden by creative gardeners, but is usually grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average to evenly moist conditions, but will not tolerate standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. This is a selected variety of a species not originally from North America.

Health Kick Tomato is a good choice for the vegetable garden, but it is also well-suited for use in outdoor pots and containers. Because of its height, it is often used as a 'thriller' in the 'spiller-thriller-filler' container combination; plant it near the center of the pot, surrounded by smaller plants and those that spill over the edges. It is even sizeable enough that it can be grown alone in a suitable container. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.